



**School Information:** This institution is an equal opportunity provider.



**Nutrition Tip:** Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.

### Monday

French toast & sausage **3**  
Muffin , or WG Cereal

### Tuesday

Biscuit and Gravy , or WG **4**  
Muffin ,or WG Cereal

### Wednesday

Pancake on a Stick. Or **5**  
WG muffin , or WG Cereal

### Thursday

Donut Day **6**  
Long John

### Friday

Daily choices: Juice and **7**  
Fruit. WG Muffin, or WG  
Cereal. All Grain products WG

Cini Mini's, or WG muffin **10**  
Or WG Cereal

Breakfast Pizza , or WG **11**  
Muffin , or WG Cereal

Cherry Frudal, or WG **12**  
Muffin, or WG Cereal

Donut Day **13**  
Long John

No School **14**

Pancake on a stick, WG **17**  
Muffin, or WG Cereal

Donut Day , Long John , or **18**  
WG muffin , or WG Cereal

Summer **19**

Vacation **20**

Have **21**

A **24**

Nice **25**

Summer!!!!!!!!!!!!!!!!!!!! **26**

**27**

**28**

