


OCTOBER

National School Lunch Week October 14-18, 2019



Monday	Tuesday	Wednesday	Thursday	Friday
AVAILABLE DAILY: YOGURT MEAL WITH YOGURT & BAGEL WITH SUNFLOWER SEEDS SANDWICH FRUIT & VEGGIE BAR VARIETY OF MILK ALL ITEMS ARE WHOLE GRAIN ITEMS	1 CHICKEN FRIED STEAK/MASHED POTATOES/BISCUIT ~~~ BEAN & CHEESE BURRITO ~~~~~ WATERMELON	2 WHOLE GRAIN PIZZA ~~~ CHEESY BREADSTICKS WITH MARINARA SAUCE ~~~ CAESAR SALAD	3 HAMBURGER GRAVY OVER MASHED POTATOES ~~~~~ WG CHICKEN STRIPS ~~~~~ FRESH MADE WG DINNER ROLL ~~~~~ GREEN BEAN	4
7 BREAKFAST FOR LUNCH BREAKFAST EGG SAUSAGE & CHEESE BURRITO ~~~~~ EGG/CANADIAN BACON & CHEESE BAGEL ~~~~~ HASHBROWNS & OREGON BERRY GRANOLA CRISP	8 SUPER BEEF AND CHEESE NACHOS ~~~~~ CHICKEN & CHEESE BURRITO SUPREME ~~~~~ LAYER DIP AND CHIPS	9 WHOLE GRAIN PIZZA ~~~ CHICKEN AND CHEESE QUESADILLA ~~~ CAESAR SALAD	10 HOMEMADE CHILI ~~~ WG CHICKEN NUGGETS ~~~ FRESH MADE WG CINNAMON ROLL	11  EAT SCHOOL LUNCH TO GET PRIZES OR TREATS
14 NATIONAL CHUBBY CHECKERS CHEESEBURGER ~~~ HOUND DOG HOT DOG ~~~ FRANK SINATRA FRIES 50'S DAY	15 SCHOOL TAMBORINE TACO ~~~ MUSICAL MEATBALL HOAGIE ~~~ TUTTI FRUITI ICE CREAM BAR	16 LUNCH PITCH PERFECT PIZZA ~~~ RAPPER RIB HOAGIE ~~~ SYMPHONIC CAESAR SALAD EAT OUR ROCKIN LUNCH TO GET A PRIZE	17 WEEK CHA-CHA CHICKEN ~~~ TAKE IT EASY TURKEY GRAVY OVER POPPIN' POTATOES ~~~ DISCO DINNER ROLLS GRAMMY GREEN BEANS	18 EAT SCHOOL MEALS AND ENJOY!!
21 TOASTED CHEESE SANDWICH ~~~ ALL BEEF HOT DOG ~~~ TOMATO SOUP	22 WALKING BEEF TACO ~~~ BEAN AND CHEESE BURRITO ~~~ RED JELLO WITH FRUIT	23 WHOLE GRAIN PIZZA ~~~ CHEESY BREADSTICKS WITH MARINARA SAUCE ~~~ CAESAR SALAD	24 MACARONI AND CHEESE ~~~~~ BREADED CHICKEN ~~~~~ FRESH MADE WG DINNER ROLL ~~~~~ GREEN BEAN	25  OH NO! IT'S NATIONAL GREASY FOOD DAY! STAY STRONG!
28 PEPPERONI PIZZA ~~~~~ SOFT TACO ~~~~~ CORN	29 BREADED CHICKEN BOWL(TATERS, CORN, CHICKEN & GRAVY) ~~~~~ CORN DOG ~~~~~ HOMEMADE BAKED BEANS	30 WHOLE GRAIN PIZZA ~~~ CHEESE QUESADILLA ~~~ CAESAR SALAD	31 SPOOKS AND FUN DAY DINASOUR LEG & MAGICAL MUFFIN ~~~ MUMMY WRAPPED HOT DOGS ~~~ I-SCREAM, YOU SCREAM, WE ALL SCREAM FOR ICE CREAM	MONDAY: <u>BBQ RIB HOAGIE</u> TUESDAY: <u>CHEESY NACHOS</u> WEDNESDAY: <u>CHICKEN SANDWICH</u> THURSDAY: <u>CHICKEN FRIED STEAK SANDWICH</u>