

OCTOBER 2021

Santiam Canyon SD 129J

LUNCH



Santiam Canyon SD 129J is an equal opportunity provider.



October is National Apple Month. Did you know that there are about 7,500 varieties of apples? Can you find a new variety of apple to try this month?



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



No School

1

Cinnamon Roll Day

4

Tomato Soup with Grilled Cheese Sandwich or All Beef Hot dog, baby carrots, mixed fruit cup ,milk

Chicken & Cheese Quesadilla or Bean & Cheese Burrito
Green beans, peaches, milk

5

WG Pizza or Cheesy Breadsticks with Marinara sauce, dinner salad, applesauce, milk

6

Meatloaf/ mshd. potatoes, or WG Chicken strips, WG dinner roll, Corn, dried cranberries, milk

7

No School

8

Breakfast egg sausage cheese burrito or egg/ Canadian bacon, cheese bagel, Hash brown, cup of berries, milk

11

Super Beef and Cheese Nachos or Chicken & Cheese burrito supreme, broccoli florets, apple, milk

12

WG Pizza or Chicken & Cheese Quesadilla, dinner salad, orange, milk

13

Homemade Chili or WG Chicken nuggets, baby carrots, pear cup, milk

14

No School

15

Cheeseburger or Beef Hot Dog, Broccoli florets, mixed fruit cup, milk

18

Walking Beef Tacos or Meatball Hoagie, green beans, berry cup, milk

19

WG Pizza or Cheesy Breadstick with Marinara sauce, Caesar Salad, Peach cup, milk

20

Macaroni Cheese or breaded Chicken, WG dinner roll, corn, applesauce, milk

21

No School

22

Turkey Gravy/ M. Potatoes or Chicken tenders, WG dinner roll, green beans, orange, milk

25

Breaded Chicken bowl or Corn dog, corn, cranberries, milk

26

WG Pizza or Cheese Quesadilla, dinner salad, apple, milk

27

Spaghetti with Meatballs or Stuffed baked potato, green beans, mixed fruit cup, milk

28

No School

29

National Cat Day