



# Santiam Canyon School District 129J

Post Office Box 197  
150 SW Evergreen St.  
Mill City, Oregon 97360  
Office (503) 897-2321

Todd Miller, Superintendent  
Yvonne Hanna, Business Manager  
Nichole Cooper, AP & Payroll  
Lisa Follis, District Secretary

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Dear Parent or Guardian:

In 2016, the State Board of Education approved the following eight standards as part of a comprehensive Oregon Health Curriculum.

- **Standard 1 (Core Concepts):** Students will comprehend concepts related to health promotion and disease prevention to enhance health.
- **Standard 2 (Analyzing Influences):** Students will analyze the influence of family, peers, culture, media, technology, and other factors on health behaviors.
- **Standard 3 (Accessing Information):** Students will demonstrate the ability to access valid information, products, and services to enhance health.
- **Standard 4 (Interpersonal Communication):** Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.
- **Standard 5 (Decision Making):** Students will demonstrate the ability to use decision-making skills to enhance health.
- **Standard 6 (Goal-Setting):** Students will demonstrate the ability to use goal-setting skills to enhance health.
- **Standard 7 (Self-Management):** Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.
- **Standard 8 (Advocacy):** Students will demonstrate the ability to advocate for personal, family, and community health.

Under each of these eight standard areas, there are specific topics or learning objectives considered appropriate and necessary for students based on their age and grade level. These topics may include:

- Healthy communication
- Human reproduction and childbirth
- Puberty
- HIV/AIDS and sexually transmitted infections
- Body image
- Contraception use and pregnancy prevention
- Abstinence and boundaries
- Gender expression and identity

We realize that some of these topics may make families uncomfortable. Our school district acknowledges that parents/guardians are the primary health educators for their child/children. As such, you have the option of excluding your child from any of the topics included in our health curriculum. Opt out forms are available and can be returned to your student's health education teacher. Students will be given alternate curriculum to supplement their health education.

Santiam Canyon School District does not discriminate on the basis of race, religion, color, national origin, disability, marital status, sexual orientation, sex or age in providing or access to benefits of education services, activities and programs in accordance with Title VI, Title VII, Title IX and other civil rights or discrimination issues; Section 504 of the Rehabilitation Act of 1973, as amended; and the American with Disabilities Act.

The following has been designated to coordinate compliance with these legal requirements and may be contacted at the Santiam Canyon School District office for additional information and/or compliance issues; Title II Coordinator, Title IX Coordinator and Section 504 Coordinator: Director of Special Programs, 150 SW Evergreen St./PO Box 197, Mill City, OR 97360, (503) 897-2321

If you would like more information, you can access a breakdown of Oregon Health Education Standards and Performance indicators on the Santiam School District website, or you are welcome to contact the building administrator. We look forward to addressing your questions and concerns.

Sincerely,

Todd Miller, Superintendent

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I wish for my child, \_\_\_\_\_ Grade \_\_\_\_\_, to be excluded from the following sections of this year's sexuality education curriculum (please list):

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Student's Health Teacher \_\_\_\_\_

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