

# MAY 2023

# SJSHS Santiam Canyon SD 129J

## LUNCH



**Santiam Canyon SD 129J is an equal opportunity provider.**



**May is National Egg Month.** Eggs can be eaten in a salad, as part of a breakfast sandwich, as an omelet, mixed into fried rice or simply boiled, fried or scrambled. How do you like to eat eggs?

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

1

Corn dog,  
or Chicken Tenders,  
Veggie, Fruit, Milk

2

Tuna Wrap, or  
Chicken Sandwich,  
Veggies, Fruit, Milk

3

Pizza or  
Chicken Quesadilla,  
Veggies, Fruit, Milk

4

Chili/ Dinner Roll or  
All Beef Hot Dog,  
Veggies, Fruit, Milk

5

**Cinco De Mayo**

**No School**

8

BBQ Pork Hoagie,  
or Chicken Burger,  
Veggies, Fruit, Milk

9

Meatball Sub, or  
All Beef Hot Dog,  
Veggies, Fruit, Milk

10

Pizza or Bread Stick/  
Marinara Sauce, Veggies,  
Fruit, Milk

11

Sloppy Joe or  
Bacon Cheeseburger,  
Veggies, Fruit, Milk

12

**No School**

15

Pretzel/ Cheese Sauce or  
All Beef Hot Dog, Veggies,  
Fruit, Milk

16

Chili/ Dinner Roll, or  
Corn dog, Veggies,  
Fruit, Milk

17

Pizza or  
Chicken Quesadilla  
Veggies, Fruit, Milk

18

Turkey&Cheese Sub, or  
BLT/Cheese Sub,  
Veggies, Fruit, Milk

19

**No School**

22

Chicken Tenders or  
Chicken Burger, Veggies,  
Fruit, Milk

23

Spaghetti, or  
All Beef Hot Dog,  
Veggies, Fruit Milk

24

Pizza or Breadsticks/  
Marinara Sauce, Veggies,  
Fruit, Milk

25

Chckn/Cheese Quesadilla or  
Bean & Cheese Burrito,  
Veggies, Fruit, Milk

26

**No School**

**Memorial Day**

29

**No School**

30

Ham & Cheese Sub,  
or Mac & Cheese Veggies,  
Fruit, Milk

31

Chicken Alfredo/Garlic  
Brd or Corn Dog,  
Veggies, Fruit, Milk

**A variety of WG foods,  
vegetables, fruits and milk  
are offered daily.  
Bagel Meals offered Daily**

